

ACTIVE WOMEN TOUCHED BY CANCER

CELEBRATING LIFE!

NEWSLETTER - MARCH 2009



UPCOMING MEETINGS & GUEST SPEAKERS...

23rd March – Jill Adams is a cosmetic tattooist, and she will be talking about the work she does. For more information about Jill have a look at www.jills.com.au

27th April – Linda has been learning Line Dancing and feels it's time for a laugh... so she is going show us the steps and see if we can Boot Scoot along with her – or not, as the case may be - the choice is yours! One thing is assured it will be fun and filled with laughter, so come along for a chat and a good laugh... it's very healing!

25th May - Our speaker is Jane Gillespie, author of 'Journey to Me', a book Jane wrote about her search for meaning after cancer." Jane is an Author, Counsellor, Marriage Celebrant and Motivational Speaker. For more information about Jane have a look at www.janegillespie.net

Our wonderful speaker from last month, Sabina, has sent the new programs for Well For Life if anyone is interested in doing the course. Please check the website: www.WellForLife.net.au for details including costs and Early Bird Rates:

Program 1 (Eastern Suburbs) June 16 to Sept 15 2009 (No meeting on the 21 and 28 July)

Venue : 3 Church Street, Waverly NSW 2024 **Meeting Time** Tuesdays 10am to 1pm

Program 2 (North Side) August 6 to Oct 29 2009 (No meeting on the 8th of October)

Venue : Suite 1/20 Clarke Street, Crows Nest NSW 2065 **Meeting Time** Thursdays 5.30pm to 8.30pm

For information on the forthcoming shows of Breast Wishes see the following pages for all the dates and contacts for tickets. (Some of our ladies saw it last Oct when it played for one night only, for Pink Ribbon Day, now the rest of us have a chance to see it). So please pass on the info to all your friends and family. Anne Looby will be our speaker in Sept and will tell us all about how and why the show came into being.

FOR YOUR DIARY...

March Monthly Meeting Monday 23rd Balgowlah RSL 7 - 9pm	April Coffee & Chat Tuesday 7th At 1pm Beach Kiosk Café South Curl Curl	April Monday 27th At Balgowlah RSL 7 – 9pm	May Coffee & Chat Tuesday 5th At 1pm Beach Kiosk Café South Curl Curl
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I planted my PAIN in a Sunny Spot in the garden.



A beautiful flower grew!

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AN UPLIFTING MUSICAL

Starring VALERIE BADER ∞ DAVID HARRIS ∞ ANNE LOOBY
CHELSEA PLUMLEY ∞ and introducing GRETTEL SCARLETT

Music and Lyrics BRUCE BROWN

Written by MERRIDY EASTMAN, JONATHAN GAVIN, RICHARD GLOVER,
WENDY HARMER, SHERIDAN JOBBINS, JAMES MILLAR and DEBRA OSWALD

Original Concept by ANNE LOOBY

Director JASON LANGLEY Musical Director MICHAEL TYACK

Breast Wishes is an uplifting new Australian musical about life, love, loss and silicon that has its World Premiere in the Everest Theatre, Seymour Centre on 16 April playing until 2 May before embarking on a national tour to Wollongong, Newcastle, Parramatta, Canberra, Perth, Gold Coast, Darwin, Brisbane and Adelaide.

Meet four women Valerie Bader (The Wharf Revue, Falsettos), Anne Looby (Company), Chelsea Plumley (Grease, Sunset Boulevard) and 2008 WAAPA Graduate Gretel Scarlett (making her professional debut), a fumbling boyfriend, well-meaning husband David Harris (Miss Saigon, Mamma Mia), a bra-fitter who's seen it all, some show stopping numbers and a brilliant cast who'll take you on a witty and heart-warming journey of courage and determination through laughter to triumph. Breast Wishes will be directed by Jason Langley, musical direction by Michael Tyack, choreography Nathan Wright, production design Imogen Ross, lighting design Trudy Dalglish and sound design by Michael Waters.

Proudly supporting the National Breast Cancer Foundation
The Everest Theatre, The Seymour Centre
Cnr Cleveland Street and City Road, Chippendale

Season: 16 April – 3 May 2009

Times: Tuesday – Saturday 8pm

Matinees: Wednesday 1pm; Saturday 2pm;

Sundays (19 April 3pm); (26 April 1pm & 5pm); (3 May 1pm)

Prices: Saturday Evening Premium \$75; Adult A Reserve \$60

All other shows: Adult \$55; Concession \$38 (excl. Fri/Sat/Sun)

Bookings: www.seymourcentre.com.au or 02 9351 7940

Info: www.breastwishes.com.au

For media information please contact Amanda Buckworth, AB Publicity

02 9451 0847 or 0413 949 140 or email: amandab@abpublicity.com.au

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BREAST WISHES AUSTRALIAN TOUR 2009

SYDNEY - EVEREST THEATRE, THE SEYMOUR CENTRE

From 15 April, 2009 Ph: 02 9351 7940

www.seymourcentre.com.au

www.ticketmaster.com.au

WOLLONGONG - IMB THEATRE ILLAWARRA PERFORMING ARTS CENTRE

From 6 May, 2009 Ph: 02 4226 3366

www.merrigong.com.au

PARRAMATTA - RIVERSIDE THEATRE

From 12 May, 2009 Ph: 02 8839 3399

www.riversideparramatta.com.au

www.ticketmaster.com.au

NEWCASTLE - THE CIVIC THEATRE

From 20 May, 2009 Ph: 02 4929 1977

www.civicprecinctnewcastle.com.au

www.ticketek.com.au

CANBERRA - THE PLAYHOUSE, CANBERRA THEATRE CENTRE

From 27 May, 2009 Ph: 02 6275 2700

www.canberratheatrecentre.com.au

GROUPS 10+ SAVE. BOOK NOW AND BE UPLIFTED!

PERTH, GOLD COAST, DARWIN, BRISBANE, ADELAIDE AND MELBOURNE SEASONS COMING SOON!

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